

Strong back. Soft front. Wild heart. Just be you **Brene Brown**



Celebrating One Another...

BY SAMINA AZAM

Name four people you would invite over for tea and cake....

Mrs Weir - my secondary school Latin teacher

Khadija - the wife of the Prophet Mohammed

Noor Inayat Khan - Special Operations Executive World War 2

My maternal grandmother (who died when my mum was a baby)

Riffat



Name a role model... Mohammed Ali. Rights are for everyone, never afraid to voice his opinion, always non offensive, stood up for what is right, a change maker who encouraged all to feel recognised and proud of their skin colour, looks and beliefs. Always a message of "we are one" no matter creed or colour.

Haneela

Favourite quote...let yourself be silently drawn by the strange pull of what you really love, it will not lead you astray – Rumi Nazia

Complete this sentence – in this moment I feel... very blessed with everything in my life. Shazia

In this moment I feel like... I need a holiday! Sarah G

A favourite childhood memory... going strawberry picking with my family. Simplest and precious memories.

Saduf